

FINAL: 'Inverness' 31st August 2014

TRACK			(*2 Long Jump pits will be required at the same time)		
12.00	100m	U11 Boys	FIELD		
	100m	U11 Girls	11.45	High Jump	U17 Men
	100m	U13 Girls		**Triple Jump	Sen Men
	100m	U13 Boys		Javelin	Women
	100m	U15 Girls		**Long Jump	U13 Girls
	100m	U15 Boys			
	100m	U17 Women			
	100m	U17 Men			
	100m	Women	12.45	Javelin	U13 Boys
	100m	Men		High Jump	U17 Women
				Shot Putt	U11 Boys
1.15	800m	U13 Girls	**1.20	Discus	U15 Boys
	800m	U13 Boys		**Starts when U13 Boys Javelin finishes	
	800m	U15 Girls			
	800m	U15 Boys			
	800m	U17 Women			
	800m	U17 Me	1.50	Javelin	Sen Men
	800m	Women		High Jump	Women
	800m	Men		Long Jump	U11 Girls
				Shot Putt	U15 Girls
2.30	600m	U11 Boys			
	600m	U12 Girls			
			2.50	Long Jump	U11 Boys
2.45	200m	U11 Boys		High Jump	U15 Boys
	200m	U11 Girls		Discus	U17 Women
	200m	U13 Girls		Shot Putt	U13 Girls
	200m	U13 Boys			
	200m	U15 Girls			
	300m	U17 Women			
	400m	U15 Boys	3.50	Long Jump	U13 Boys
	400m	U17 Men		Discus	U17 Men
	400m	Women		High Jump	U15 Girls
	400m	Men		Shot Putt	U11 Girls
4.00	4 x 100m	U11 Boys		Note: Age groups Order of running in the relay races may depend on how the field competitions are running	
	4 x 100m	U11 Girls			
	4 x 100m	U13 Boys			
	4 x 100m	U13 Girls			
	4 x 100m	U15 Girls			
	4 x 100m	U15 Boys			
	4 x 100m	U17 Women			
	4 x 100m	U17 Men			
	4 x 100m	Women			
	4 x 100m	Men			

PRESENTATIONS WILL BE HELD AT APPROX 5.00pm